

# Over 100 Ways Hypnosis Can Help You

Call Today to Find Out How Hypnosis Can Help You

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Certified Hypnotherapist

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<input type="checkbox"/> Abandonment	<input type="checkbox"/> Motivation
<input type="checkbox"/> Addictions	<input type="checkbox"/> Moving and Relocations
<input type="checkbox"/> Aggression	<input type="checkbox"/> Nail Biting
<input type="checkbox"/> Anger	<input type="checkbox"/> Negative Feelings and Emotions
<input type="checkbox"/> Anxiety	<input type="checkbox"/> Nightmares
<input type="checkbox"/> Assertiveness	<input type="checkbox"/> Obsessions
<input type="checkbox"/> Athletic Abilities	<input type="checkbox"/> Obsessive Behaviors or Habits
<input type="checkbox"/> Attitude Adjustment	<input type="checkbox"/> Overly Critical
<input type="checkbox"/> Bed Wetting	<input type="checkbox"/> Pain Management
<input type="checkbox"/> Bruxism (grinding your teeth)	<input type="checkbox"/> Panic Attacks
<input type="checkbox"/> Career - Motivation, Growth & Success	<input type="checkbox"/> Passive Aggressive
<input type="checkbox"/> Career Problems	<input type="checkbox"/> Past Life Exploration
<input type="checkbox"/> Children's issues	<input type="checkbox"/> Perfectionism
<input type="checkbox"/> Chronic Pain	<input type="checkbox"/> Performance Anxiety and/or Enhancement
<input type="checkbox"/> Confidence	<input type="checkbox"/> Pessimism
<input type="checkbox"/> Control Issues	<input type="checkbox"/> Premature Ejaculation
<input type="checkbox"/> Controlling Behaviors	<input type="checkbox"/> Problem-Solving Skills
<input type="checkbox"/> Cravings	<input type="checkbox"/> Procrastination
<input type="checkbox"/> Creativity	<input type="checkbox"/> Rejection
<input type="checkbox"/> Death or Loss	<input type="checkbox"/> Relationship Enhancement
<input type="checkbox"/> Decision-Making Skills	<input type="checkbox"/> Relationships - Attract the Perfect Mate
<input type="checkbox"/> Dreams	<input type="checkbox"/> Relaxation
<input type="checkbox"/> Emotional Blocks	<input type="checkbox"/> Relocation Issues
<input type="checkbox"/> Energy Enhancement	<input type="checkbox"/> Resistance
<input type="checkbox"/> Exam Anxiety	<input type="checkbox"/> Responsibility
<input type="checkbox"/> Exercise	<input type="checkbox"/> Sales Skills/Motivation
<input type="checkbox"/> Fear of Success or Failure	<input type="checkbox"/> Self Esteem
<input type="checkbox"/> Fears & Phobias (dentist, doctor, flying, heights, closed or open spaces, water, animals, social situations, death)	<input type="checkbox"/> Self-Awareness
<input type="checkbox"/> Forgiveness (of self or others)	<input type="checkbox"/> Self-Blame
<input type="checkbox"/> Frustration	<input type="checkbox"/> Self-Confidence
<input type="checkbox"/> Goal and Success Achievement	<input type="checkbox"/> Self-Control
<input type="checkbox"/> Goal Setting and Achievement	<input type="checkbox"/> Self-Criticism
<input type="checkbox"/> Guilt	<input type="checkbox"/> Self-Defeating Behaviors
<input type="checkbox"/> Habit Changes	<input type="checkbox"/> Self-Expression
<input type="checkbox"/> Habits (Control, Change)	<input type="checkbox"/> Self-Hypnosis
<input type="checkbox"/> Headaches/migraines	<input type="checkbox"/> Self-Image
<input type="checkbox"/> Health and Rejuvenation	<input type="checkbox"/> Sexual Problems and Difficulties
<input type="checkbox"/> Helplessness	<input type="checkbox"/> Sleep Discomforts/disorders
<input type="checkbox"/> Hopelessness	<input type="checkbox"/> Smoking Cessation
<input type="checkbox"/> Hostility	<input type="checkbox"/> Spiritual Growth
<input type="checkbox"/> Hypochondria	<input type="checkbox"/> Sports Performance
<input type="checkbox"/> Income - Maximize Earning Potential	<input type="checkbox"/> Stress Management
<input type="checkbox"/> Inferiority	<input type="checkbox"/> Stubborn
<input type="checkbox"/> Insecurity	<input type="checkbox"/> Study Habits
<input type="checkbox"/> Insomnia	<input type="checkbox"/> Stuttering
<input type="checkbox"/> Irrational Behavior	<input type="checkbox"/> Substance Abuse
<input type="checkbox"/> Irritability	<input type="checkbox"/> Success
<input type="checkbox"/> Jealousy	<input type="checkbox"/> Superiority
<input type="checkbox"/> Lack of Enthusiasm or Direction	<input type="checkbox"/> Teeth Grinding
<input type="checkbox"/> Lack of Initiative	<input type="checkbox"/> Test Anxiety, Effective Test Taking Techniques
<input type="checkbox"/> Lost & Misplaced Items Rediscovered	<input type="checkbox"/> Thumb Sucking
<input type="checkbox"/> Memory and Focus	<input type="checkbox"/> Time Management
<input type="checkbox"/> Memory Recall	<input type="checkbox"/> Trauma
<input type="checkbox"/> Mistrust	<input type="checkbox"/> Weight Control
	<input type="checkbox"/> Worry